**5 Days Capacity Building Programme for Counselors, Rajasthan (Batch II)**

**Child Resource Centre, HCM RIPA**

**Objectives of the Programme:**

* To build the perspective on child protection and vulnerabilities of children
* To develop understanding on child development, counseling and effective communication and dealing with children
* To deepen understanding of role of Counselors in protection, rehabilitation and social reintegration of Children;
* To hone skills for developing life skill in children at CCIs and effective report writing & documentation

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| **Monday –03-02-2020****Day 1** |
| **Time** | **Session** | **Facilitator** |
| 9:30 – 9:45 AM | **Registration**  | Mr. Gaurav, Prog. Assistant, CRC |
|  09:45 - 10:15 AM | Welcome and introduction  | CRC |
|  10:15 – 11:30 AM | Perspective Building of Child Rights * Situation of Children
* Sensitization of Child Protection
 | Mr. Deepak Taraiya,Facilitator, Consultant, Trainer Gujarat |
| 11:30 – 11:45 AM | **Tea** |  |
| 11:45 AM – 1 PM | Perspective Building of Child Rights (Cont.)* Situation of Children
* Sensitization of Child Protection
 | Mr. Deepak Taraiya,Facilitator, Consultant, TrainerGujarat |
| 1:00 – 2:00 PM | **Lunch** |  |
| 2:00 – 3:00 PM | Perspective Building of Child Rights (Cont.)* Motivation for working with children
 | Mr. Deepak TaraiyaFacilitator, Consultant, TrainerGujarat |
| 3:00 – 3:15 PM | **Tea** |  |
| 3:15 – 4:15 PM | Understanding children in difficult circumstances* Vulnerabilities and issues related to children in society
* Gender dynamics
 | Mr. Radhakant SaxenaIG Prison (Rted.)Child Protection Expert  |
| 4:15– 5:30 PM | Personal Belief, Values and attitude  | Mr. Rajneesh Sahal  |
| 5:30 – 6:00 PM | Open Discussion | Resource personsCRC |
| **Tuesday – 04-02-2020****Day 2** |
| **Time** | **Session** | **Facilitator** |
|  09:45 - 10:15 AM | Recap |  Ms. Lavina RathoreTechnical Expert, CRC |
|  10:15 – 11:30 AM | Understanding Child Development * Concept and definitions
* Stages of Development
 | Ms. Ratna VermaAss. ProfessorIIHMR University, Jaipur |
| 11:30 – 11:45 AM | **Tea** |
| 11:45 AM – 1:00 PM | Theories of Child Development * Developmental challenges at each stage (speech, personality, behavioral disorders, developmental delays etc.)
 | Ms. Pradnya DeshpandyChild Psychologist |
| 1:00 – 2:00 PM | **Lunch** |  |
| 2:00 – 3:15 PM | * Positive Disciplining and dealing with children at CCIs
 | Ms. Pradnya DeshpandeyChild Psychologist |
| 3: 15 – 3: 30 PM | **Tea** |
| 3:30 – 4:30 PM | Life Skills for children at CCIs | Ms. Lavina RathoreMs. Deepal Solanki  |
| 4:30 - 5:30 | Engaging with children for positive changes Building protective Environment in CCIs--- Child Protection Policy | Ms. Lavina RathoreMs. Deepal Solanki |
| 5:30– 6:00 PM | Open Discussion | Resource personsCRC |
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| **Wednesday – 05-02-2020****Day 3** |
| **Time** | **Session** | **Facilitator** |
|  09:45 - 10:15 AM | Recap |  Ms. Deepal Solanki Technical Expert, CRC |
|  10:15 – 11:30 AM | Effective Communication – Dealing with Children | Dr. Tanjul SaxenaIndependent Consultant |
| 11:30 – 11:45 AM | **Tea** |  |
| 11:45 AM – 1:00 PM | Effective Communication – Dealing with Children | Dr. Tanjul SaxenaIndependent Consultant |
| 1:00 – 2:00 PM | **Lunch** |  |
| 2:00 – 3:15 PM | * Understanding the current existing counselling mechanism with CNCP & CCL
* Relevance and Need of Counselling in the lives of children
* Drawing linkages between mental health needs and existing counselling mechanism and steps to take it ahead.
 | Manas Foundation |
| 3:15 – 3:30 PM | **Tea** |  |
| 3:30 – 4:30 PM | * Qualities of a counsellor
* Do’s and Don’ts of counselling
* Conducting a Counselling Session Ethical Considerations
 | Manas Foundation |
| 4:30 - 5:30 PM | * Understanding the mental health parameters of Children in Conflict with law
* Understanding common mental health difficulties found in CCL
 | Manas Foundation |
| 5:30– 5:45 PM | Open Discussion | Resource personsCRC |
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| **Thursday – 06-02-2020****Day 4** |
|  09:45 - 10:15 AM | Recap |  Ms. Lavina RathoreTechnical Expert, CRC |
|  10:15 – 11:30 AM | Understanding the mental health parameters of Children in Need of Care and Protection | Manas Foundation |
| 11:30 – 11:45 AM | **Tea** |
| 11:45 AM – 1:15 PM | Understanding the prevalence and impact of - Sexual Abuse - Substance Abuse Among children living in residential care | Manas Foundation |
| 1:15 – 2:15 PM | **Lunch** |
| 2:15 – 3:30 PM | Introduction to child case history taking Understanding how to take a mental status examination: short version | Manas Foundation |
| 3:30 – 3:45 PM | **Tea** |
| 3:45 – 4:30 PM | Practicing case history taking through role plays | Manas Foundation |
| 4:30– 5:45 PM | Vision Building: Reinstating the importance of mental health intervention for the children | Manas Foundation |
| 5:45 – 6:00 PM | Open Discussion | Resource personsCRC |
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| **Friday – 07-02-2020****Day 5** |
|  09:45 – 10:00 AM | Recap |  Ms. Deepal Solanki Technical Expert, CRC |
|  10:00 – 11:30 AM | Writing Counseling Report  | Dr. Pradnya DeshpandyChild Psychologist |
| 11:30 – 11:45 AM | **Tea** |  |
| 11:45 AM – 1:00 PM | Developing individual Care Plan for children | Dr. Shaheena Parveen CP Expert |
| 1:00 – 2:00 PM | **Lunch** |  |
| 2:00 – 3:00 PM | Understanding After Care – * Developing After Care Plan
 | Dr. Shaheena Parveen CP Expert |
| 3:00 - 3:30 PM | Post training assessment and feedback | CRC |
| Concluding Remark and Vote of Thanks |  |
| 3:30 – 3:45 PM | **Tea** |  |
| 3:45 – 4:00 PM | Open Discussion | Resource personsCRC |
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