**5 Days Capacity Building Programme for Counselors, Rajasthan (Batch II)**

**Child Resource Centre, HCM RIPA**

**Objectives of the Programme:**

* To build the perspective on child protection and vulnerabilities of children
* To develop understanding on child development, counseling and effective communication and dealing with children
* To deepen understanding of role of Counselors in protection, rehabilitation and social reintegration of Children;
* To hone skills for developing life skill in children at CCIs and effective report writing & documentation

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| **Monday –03-02-2020**  **Day 1** | | | |
| **Time** | **Session** | **Facilitator** | |
| 9:30 – 9:45 AM | **Registration** | Mr. Gaurav,  Prog. Assistant, CRC | |
| 09:45 - 10:15 AM | Welcome and introduction | CRC | |
| 10:15 – 11:30 AM | Perspective Building of Child Rights   * Situation of Children * Sensitization of Child Protection | Mr. Deepak Taraiya,  Facilitator, Consultant, Trainer  Gujarat | |
| 11:30 – 11:45 AM | **Tea** |  | |
| 11:45 AM – 1 PM | Perspective Building of Child Rights (Cont.)   * Situation of Children * Sensitization of Child Protection | Mr. Deepak Taraiya,  Facilitator, Consultant, Trainer  Gujarat | |
| 1:00 – 2:00 PM | **Lunch** |  | |
| 2:00 – 3:00 PM | Perspective Building of Child Rights (Cont.)   * Motivation for working with children | Mr. Deepak Taraiya  Facilitator, Consultant, Trainer  Gujarat | |
| 3:00 – 3:15 PM | **Tea** |  | |
| 3:15 – 4:15 PM | Understanding children in difficult circumstances   * Vulnerabilities and issues related to children in society * Gender dynamics | Mr. Radhakant Saxena  IG Prison (Rted.)  Child Protection Expert | |
| 4:15– 5:30 PM | Personal Belief, Values and attitude | Mr. Rajneesh Sahal | |
| 5:30 – 6:00 PM | Open Discussion | Resource persons  CRC | |
| **Tuesday – 04-02-2020**  **Day 2** | | | |
| **Time** | **Session** | | **Facilitator** |
| 09:45 - 10:15 AM | Recap | | Ms. Lavina Rathore  Technical Expert, CRC |
| 10:15 – 11:30 AM | Understanding Child Development   * Concept and definitions * Stages of Development | | Ms. Ratna Verma  Ass. Professor  IIHMR University, Jaipur |
| 11:30 – 11:45 AM | **Tea** | | |
| 11:45 AM – 1:00 PM | Theories of Child Development   * Developmental challenges at each stage (speech, personality, behavioral disorders, developmental delays etc.) | | Ms. Pradnya Deshpandy  Child Psychologist |
| 1:00 – 2:00 PM | **Lunch** | |  |
| 2:00 – 3:15 PM | * Positive Disciplining and dealing with children at CCIs | | Ms. Pradnya Deshpandey  Child Psychologist |
| 3: 15 – 3: 30 PM | **Tea** | | |
| 3:30 – 4:30 PM | Life Skills for children at CCIs | | Ms. Lavina Rathore  Ms. Deepal Solanki |
| 4:30 - 5:30 | Engaging with children for positive changes Building protective Environment in CCIs--- Child Protection Policy | | Ms. Lavina Rathore  Ms. Deepal Solanki |
| 5:30– 6:00 PM | Open Discussion | | Resource persons  CRC |
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| **Wednesday – 05-02-2020**  **Day 3** | | | |
| **Time** | **Session** | | **Facilitator** |
| 09:45 - 10:15 AM | Recap | | Ms. Deepal Solanki  Technical Expert, CRC |
| 10:15 – 11:30 AM | Effective Communication – Dealing with Children | | Dr. Tanjul Saxena  Independent Consultant |
| 11:30 – 11:45 AM | **Tea** | |  |
| 11:45 AM – 1:00 PM | Effective Communication – Dealing with Children | | Dr. Tanjul Saxena  Independent Consultant |
| 1:00 – 2:00 PM | **Lunch** | |  |
| 2:00 – 3:15 PM | * Understanding the current existing counselling mechanism with CNCP & CCL * Relevance and Need of Counselling in the lives of children * Drawing linkages between mental health needs and existing counselling mechanism and steps to take it ahead. | | Manas Foundation |
| 3:15 – 3:30 PM | **Tea** | |  |
| 3:30 – 4:30 PM | * Qualities of a counsellor * Do’s and Don’ts of counselling * Conducting a Counselling Session Ethical Considerations | | Manas Foundation |
| 4:30 - 5:30 PM | * Understanding the mental health parameters of Children in Conflict with law * Understanding common mental health difficulties found in CCL | | Manas Foundation |
| 5:30– 5:45 PM | Open Discussion | | Resource persons  CRC |
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| **Thursday – 06-02-2020**  **Day 4** | | | |
| 09:45 - 10:15 AM | Recap | | Ms. Lavina Rathore  Technical Expert, CRC |
| 10:15 – 11:30 AM | Understanding the mental health parameters of Children in Need of Care and Protection | | Manas Foundation |
| 11:30 – 11:45 AM | **Tea** | | |
| 11:45 AM – 1:15 PM | Understanding the prevalence and impact of - Sexual Abuse - Substance Abuse Among children living in residential care | | Manas Foundation |
| 1:15 – 2:15 PM | **Lunch** | | |
| 2:15 – 3:30 PM | Introduction to child case history taking Understanding how to take a mental status examination: short version | | Manas Foundation |
| 3:30 – 3:45 PM | **Tea** | | |
| 3:45 – 4:30 PM | Practicing case history taking through role plays | | Manas Foundation |
| 4:30– 5:45 PM | Vision Building: Reinstating the importance of mental health intervention for the children | | Manas Foundation |
| 5:45 – 6:00 PM | Open Discussion | | Resource persons  CRC |
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| **Friday – 07-02-2020**  **Day 5** | | | |
| 09:45 – 10:00 AM | Recap | | Ms. Deepal Solanki  Technical Expert, CRC |
| 10:00 – 11:30 AM | Writing Counseling Report | | Dr. Pradnya Deshpandy  Child Psychologist |
| 11:30 – 11:45 AM | **Tea** | |  |
| 11:45 AM – 1:00 PM | Developing individual Care Plan for children | | Dr. Shaheena Parveen  CP Expert |
| 1:00 – 2:00 PM | **Lunch** | |  |
| 2:00 – 3:00 PM | Understanding After Care –   * Developing After Care Plan | | Dr. Shaheena Parveen  CP Expert |
| 3:00 - 3:30 PM | Post training assessment and feedback | | CRC |
| Concluding Remark and Vote of Thanks | |  |
| 3:30 – 3:45 PM | **Tea** | |  |
| 3:45 – 4:00 PM | Open Discussion | | Resource persons  CRC |
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