**5 Days Capacity Building Programme for Counselors, Rajasthan**

**Child Resource Centre, HCM RIPA**

**Objectives of the Programme:**

* To build the perspective on child protection and vulnerabilities of children
* To develop understanding on child development, counseling and effective communication and dealing with children
* To deepen understanding of role of Counselors in protection, rehabilitation and social reintegration of Children;
* To hone skills for developing life skill in children at CCIs and effective report writing & documentation

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| **Monday – 20-01-2020****Day 1** |
| **Time** | **Session** | **Facilitator** |
| 9:30 – 9:45 AM | **Registration**  | Mr. Gaurav, Prog. Assistant, CRC |
|  09:45 - 10:15 AM | Welcome and introduction Pre-training assessment | CRC |
|  10:15 – 11:30 AM | Perspective Building of Child Rights * Situation of Children
* Sensitization of Child Protection
 | Mr. Deepak Taraiya,Gujarat |
| 11:30 – 11:45 AM | **Tea** |  |
| 11:45 AM – 1 PM | Perspective Building of Child Rights (Cont.)* Situation of Children
* Sensitization of Child Protection
 | Mr. Deepak TaraiyaGujarat |
| 1:00 – 2:00 PM | **Lunch** |  |
| 2:00 – 3:30 PM | Children and Socialization | Dr. Gaurang Jani,Gujarat University |
| 3:30 – 3:45 PM | **Tea** |  |
| 3:45 – 4:30 PM | Children and Socialization (cont.) | Dr. Gaurang JaniGujarat University |
| 4:30– 5:45 PM | Personal Belief, Values and attitude  | Mr. Rajneesh Sahal  |
| 5:45 – 6:00 PM | Open Discussion | Resource personsCRC |
| **Tuesday – 21-01-2020****Day 2** |
| **Time** | **Session** | **Facilitator** |
|  09:45 - 10:15 AM | Recap |  Ms. Lavina RathoreTechnical Expert, CRC |
|  10:15 – 11:30 AM | Understanding Child Development * Concept and definitions
* Stages of Development
 | Ms. Ratna VermaAss. ProfessorIIHMR University, Jaipur |
| 11:30 – 11:45 AM | **Tea** |
| 11:45 AM – 1:00 PM | Theories of Child Development * Understanding behavior dynamics, vulnerabilities and issues related to children as a developmental being
 | Dr. Pradnya DeshpandyChild Psychologist |
| 1:00 – 2:00 PM | **Lunch** |  |
| 2:00 – 3:30 PM | Developmental milestones  | Dr. Pradnya DeshpandeyChild Psychologist |
| 3:30 – 3:45 PM | **Tea** |
| 3:45 – 5:30 PM | Developmental challenges at each stage (speech, personality, behavioral disorders, developmental delays etc.) | Dr. Pradnya DeshpandeyChild Psychologist |
| 5:30– 5:45 PM | Open Discussion | Resource personsCRC |
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| **Wednesday – 22-01-2020****Day 3** |
| **Time** | **Session** | **Facilitator** |
|  09:45 - 10:15 AM | Recap |  Ms. Deepal Solanki Technical Expert, CRC |
|  10:15 – 11:30 AM | Life skills development for children | **Ms. Suman Pareek****Ms. Salma** **Sandhan, Jaipur** |
| 11:30 – 11:45 AM | **Tea** |  |
| 11:45 AM – 1:00 PM | Life skills for children in difficult circumstances* Developing life skills development plan for children in CCIs
 | **Ms. Suman Pareek****Ms. Salma** **Sandhan, Jaipur** |
| 1:00 – 2:00 PM | **Lunch** |  |
| 2:00 – 3:30 PM | Effective Communication – Dealing with Children | Dr. Tanjul SaxenaProf. IIHMR |
| 3:30 – 3:45 PM | **Tea** |  |
| 3:45 – 5:30 PM | Effective Communication – Dealing with Children | Dr. Tanjul SaxenaProf. IIHMR |
| 5:30– 5:45 PM | Open Discussion | Resource personsCRC |
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| **Thursday – 23-01-2020****Day 4** |
|  09:45 - 10:15 AM | Recap |  Mr. Gaurav, Prog. Assistant, CRC |
|  10:15 – 11:30 AM | Understanding Counseling * Skills of a counselor
* Counseling process
* Counseling technique and interventions
* Counseling children for specific needs
 | Dr. Pradnya DeshpandeyChild Psychologist |
| 11:30 – 11:45 AM | **Tea** |
| 11:45 AM – 1:15 PM | Child Sexual Abuse and psychological interventions* Dealing with victims of abuse and trauma
* Gender Sensitivity and Gender Stereotyping
 | Dr. Pradnya DeshpandeyChild Psychologist |
| 1:15 – 2:15 PM | **Lunch** |
| 2:15 – 3:30 PM | Play and Art Therapy  | Dr. Shaheena Parveen CP Expert |
| 3:30 – 3:45 PM | **Tea** |
| 3:45 – 4:30 PM | Rehabilitation of children * Re-integration of Children in society
* Co-ordination of counselors with key authorities
 | Dr. Shaheena Parveen CP Expert |
| 4:30– 5:45 PM | Building protective Environment in CCIs* Child Protection Policy
 | Ms. Lavina RathoreMs. Deepal Solanki  |
| 5:45 – 6:00 PM | Open Discussion | Resource personsCRC |
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| **Friday – 24-01-2020****Day 5** |
|  09:30 – 10:00 AM | Recap |  Ms. Deepal Solanki Technical Expert, CRC |
|  10:00 – 11:15 AM | Writing Counseling Report  | Dr. Pradnya DeshpandyChild Psychologist |
| 11:15 – 11:30 AM | **Tea** |  |
| 11:30 AM – 1:00 PM | Developing individual Care Plan and mental health plan for children | Dr. Shaheena Parveen CP Expert |
| 1:00 – 2:00 PM | **Lunch** |  |
| 2:00 – 3:30 PM | Understanding After Care – * Developing After Care Plan
 | Dr. Shaheena Parveen CP Expert |
| 3:30 – 3:45 PM | **Tea** |  |
| 3:45 – 4:00 PM | Open Discussion | Resource personsCRC |
| 4:00 – 4:30 PM | Post training assessment and feedback | CRC |
| 4:30 PM | Concluding Remark and Vote of Thanks | DCRCRC |
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