**5 Days Capacity Building Programme for Counselors, Rajasthan**

**Child Resource Centre, HCM RIPA**

**Objectives of the Programme:**

* To build the perspective on child protection and vulnerabilities of children
* To develop understanding on child development, counseling and effective communication and dealing with children
* To deepen understanding of role of Counselors in protection, rehabilitation and social reintegration of Children;
* To hone skills for developing life skill in children at CCIs and effective report writing & documentation

|  |  |  |  |
| --- | --- | --- | --- |
| **Monday – 20-01-2020**  **Day 1** | | | |
| **Time** | **Session** | **Facilitator** | |
| 9:30 – 9:45 AM | **Registration** | Mr. Gaurav,  Prog. Assistant, CRC | |
| 09:45 - 10:15 AM | Welcome and introduction  Pre-training assessment | CRC | |
| 10:15 – 11:30 AM | Perspective Building of Child Rights   * Situation of Children * Sensitization of Child Protection | Mr. Deepak Taraiya,  Gujarat | |
| 11:30 – 11:45 AM | **Tea** |  | |
| 11:45 AM – 1 PM | Perspective Building of Child Rights (Cont.)   * Situation of Children * Sensitization of Child Protection | Mr. Deepak Taraiya  Gujarat | |
| 1:00 – 2:00 PM | **Lunch** |  | |
| 2:00 – 3:30 PM | Children and Socialization | Dr. Gaurang Jani,  Gujarat University | |
| 3:30 – 3:45 PM | **Tea** |  | |
| 3:45 – 4:30 PM | Children and Socialization (cont.) | Dr. Gaurang Jani  Gujarat University | |
| 4:30– 5:45 PM | Personal Belief, Values and attitude | Mr. Rajneesh Sahal | |
| 5:45 – 6:00 PM | Open Discussion | Resource persons  CRC | |
| **Tuesday – 21-01-2020**  **Day 2** | | | |
| **Time** | **Session** | | **Facilitator** |
| 09:45 - 10:15 AM | Recap | | Ms. Lavina Rathore  Technical Expert, CRC |
| 10:15 – 11:30 AM | Understanding Child Development   * Concept and definitions * Stages of Development | | Ms. Ratna Verma  Ass. Professor  IIHMR University, Jaipur |
| 11:30 – 11:45 AM | **Tea** | | |
| 11:45 AM – 1:00 PM | Theories of Child Development   * Understanding behavior dynamics, vulnerabilities and issues related to children as a developmental being | | Dr. Pradnya Deshpandy  Child Psychologist |
| 1:00 – 2:00 PM | **Lunch** | |  |
| 2:00 – 3:30 PM | Developmental milestones | | Dr. Pradnya Deshpandey  Child Psychologist |
| 3:30 – 3:45 PM | **Tea** | | |
| 3:45 – 5:30 PM | Developmental challenges at each stage (speech, personality, behavioral disorders, developmental delays etc.) | | Dr. Pradnya Deshpandey  Child Psychologist |
| 5:30– 5:45 PM | Open Discussion | | Resource persons  CRC |
|  | | | |
| **Wednesday – 22-01-2020**  **Day 3** | | | |
| **Time** | **Session** | | **Facilitator** |
| 09:45 - 10:15 AM | Recap | | Ms. Deepal Solanki  Technical Expert, CRC |
| 10:15 – 11:30 AM | Life skills development for children | | **Ms. Suman Pareek**  **Ms. Salma**  **Sandhan, Jaipur** |
| 11:30 – 11:45 AM | **Tea** | |  |
| 11:45 AM – 1:00 PM | Life skills for children in difficult circumstances   * Developing life skills development plan for children in CCIs | | **Ms. Suman Pareek**  **Ms. Salma**  **Sandhan, Jaipur** |
| 1:00 – 2:00 PM | **Lunch** | |  |
| 2:00 – 3:30 PM | Effective Communication – Dealing with Children | | Dr. Tanjul Saxena  Prof. IIHMR |
| 3:30 – 3:45 PM | **Tea** | |  |
| 3:45 – 5:30 PM | Effective Communication – Dealing with Children | | Dr. Tanjul Saxena  Prof. IIHMR |
| 5:30– 5:45 PM | Open Discussion | | Resource persons  CRC |
|  | | | |
| **Thursday – 23-01-2020**  **Day 4** | | | |
| 09:45 - 10:15 AM | Recap | | Mr. Gaurav,  Prog. Assistant, CRC |
| 10:15 – 11:30 AM | Understanding Counseling   * Skills of a counselor * Counseling process * Counseling technique and interventions * Counseling children for specific needs | | Dr. Pradnya Deshpandey  Child Psychologist |
| 11:30 – 11:45 AM | **Tea** | | |
| 11:45 AM – 1:15 PM | Child Sexual Abuse and psychological interventions   * Dealing with victims of abuse and trauma * Gender Sensitivity and Gender Stereotyping | | Dr. Pradnya Deshpandey  Child Psychologist |
| 1:15 – 2:15 PM | **Lunch** | | |
| 2:15 – 3:30 PM | Play and Art Therapy | | Dr. Shaheena Parveen  CP Expert |
| 3:30 – 3:45 PM | **Tea** | | |
| 3:45 – 4:30 PM | Rehabilitation of children   * Re-integration of Children in society * Co-ordination of counselors with key authorities | | Dr. Shaheena Parveen  CP Expert |
| 4:30– 5:45 PM | Building protective Environment in CCIs   * Child Protection Policy | | Ms. Lavina Rathore  Ms. Deepal Solanki |
| 5:45 – 6:00 PM | Open Discussion | | Resource persons  CRC |
|  |  | |  |
| **Friday – 24-01-2020**  **Day 5** | | | |
| 09:30 – 10:00 AM | Recap | | Ms. Deepal Solanki  Technical Expert, CRC |
| 10:00 – 11:15 AM | Writing Counseling Report | | Dr. Pradnya Deshpandy  Child Psychologist |
| 11:15 – 11:30 AM | **Tea** | |  |
| 11:30 AM – 1:00 PM | Developing individual Care Plan and mental health plan for children | | Dr. Shaheena Parveen  CP Expert |
| 1:00 – 2:00 PM | **Lunch** | |  |
| 2:00 – 3:30 PM | Understanding After Care –   * Developing After Care Plan | | Dr. Shaheena Parveen  CP Expert |
| 3:30 – 3:45 PM | **Tea** | |  |
| 3:45 – 4:00 PM | Open Discussion | | Resource persons  CRC |
| 4:00 – 4:30 PM | Post training assessment and feedback | | CRC |
| 4:30 PM | Concluding Remark and Vote of Thanks | | DCR  CRC |
|  | | | |